







**CCYN Newsletter,** Autumn/Winter 2021 Edition





# From the Chair

Kia ora, Talofa lava, Malo e lelei, Fakaalofa atu, Namaste

Welcome to the CCYN Autumn/Winter edition of our TimeOut newsletter. The year to date seems to have sped by and I cannot believe we are half way through already!

The committee continues to keep a lens on all matters relating to child health and wellbeing in New Zealand, as well as globally. We do hope you find the content in this newsletter both interesting and thought provoking; we have tried to include topics that will appeal to a range of readers interests. In addition to keeping abreast with current affairs relating to the child health space, we have also been working hard at a local level, to contribute to various government submissions both large and small.

We are really interested to hear your thoughts on how CCYN might improve its reach to all nurses working in child and adolescent health. Our membership is slowly rising, and we are aware that there are more avenues through which we could engage other than Facebook, newsletters and symposiums. We would really like to hear your ideas on what would appeal to you as a member and/or where you see we could enhance our profile. If you have some ideas, please make contact with us.

We are so excited about our upcoming symposium being held in Christchurch this year, we have a great line-up of speakers – more details are available in this newsletter and through our webpage. We have purposefully kept the registration fee minimal to encourage attendance but also acknowledging that travel and accommodation expenses on top of registration fees can sometimes make attendance prohibitive. We look forward to seeing you there!

We hope you enjoy this edition of TimeOut, look after yourselves and stay warm!

Ngā mihi, Sarah

Sarah Williams, Chairperson, College of Child and Youth Nurses















# National News: Aotearoa, New Zealand

Te Mātātaki 2021 release

At the end of May this year, Te Mātātaki 2021, a report on the findings from a national survey of tamariki and rangatahi in care, was released by Oranga Tamariki.

Over 1,500 10-17 year old's in care took part in the survey. The survey revealed that most tamariki and rangatahi rated their experiences as positive. However, some indicated that their experiences were not so positive, particularly when it came to decision making, relationships with their social worker, contact with whānau, knowledge of whakapapa and culture, and feeling optimistic about the future.

You can read the full Te Mātātaki 2021 report here

### New Zealand Red Cross Youth Engagement Strategy

The recently launched, New Zealand Red Cross Youth Engagement Strategy 2020-2030 research report outlines the extensive research undertaken by NZRC into some of the issues that are affecting young people in Aotearoa New Zealand today. The report includes the findings of the associated focus groups and survey. NZRC acknowledge that there are currently many other studies and research reports that relate to young people in Aotearoa but they chose to focus specifically on the issues affecting young people that were within the scope of NZRC work.

The strategy is based around four main themes:



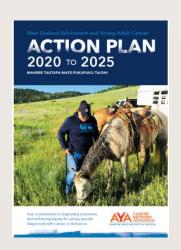
These themes are underpinned by seven fundamental principles:

- Humanity Te Ngākau Atawhai
- Impartiality –Te Tokeketanga
- Neutrality –Te Whakaraupapa
- Independence Te Tū Motuhake
- Voluntary Service He Ratonga Tūao
- Unity Te Kotahitanga
- Universality O te Ao

For further information on this report and how you might become involved, visit the New Zealand Red Cross Youth Engagement strategy webpage <a href="here">here</a>.









## **National News**

# Children's Rights in the COVID-19 Response

On Sunday 7<sup>th</sup> March 2021, Te Rā o Ngā Tamariki, or Children's Day in Aotearoa New Zealand, the <u>Children's Rights in the Covid-19 Response</u> report was released. This is the fourth report in the *Getting it Right* series produced by the Children's Convention Monitoring Group (CMG).

Sarah Morris, Principal Advisor, Strategy, Rights and Advice, Office of the Children's Commissioner writes:

"The CMG calls on the Government to centre the rights of children and young people, including the rights of tamariki and rangatahi as tangata whenua, in responding to COVID-19 and beyond. This report highlights the lessons learned about the pandemic response so far in relation to the rights of children and young people. It recommends ways to apply the lessons learned over the past year in responding to COVID-19 - the good and the bad - to redesign our systems to tackle the big issues facing children and young people. Rather than an excuse to do less for children and young people, COVID-19 should be the reason to do more for them".

The report includes 31 recommendations to improve laws, policies and practices by incorporating the interests and rights of children and young people in response to a range of areas including welfare, housing, education, justice, health and the workplace.

### AYA Cancer National Action Plan 2020-2025

Another report of significance that was released earlier this year is the Adolescent and Young Adult (AYA) Cancer National Action Plan 2020-2025, Mahere Tautapa Mate Pukupuku Taiohi

The New Zealand AYA Cancer action plan is aimed at both government and non-government organisations involved in programme development and funding, planning, policy and delivery of AYA cancer support services.

ACTION PLAN GOAL: By 2025 all young New Zealanders diagnosed with cancer will have equitable access to high quality medical and supportive care regardless of where they live, their age or ethnicity

#### RSV Alert!!

Many of our members will be aware of the recent upsurge in Respiratory Syncytial Virus (RSV) infections in our babies and young children. The Asthma Foundation provide a good synopsis of this virus which you can access <u>here</u>.

The following articles contain very interesting and relevant information about RSV in the New Zealand context:

- <u>COVID-19</u> and Infant Hospitalizations for Seasonal Respiratory Virus Infections, New Zealand, 2020
- Respiratory syncytial virus hospitalisations among young children: a data linkage study







### International Year for the Elimination of Child Labour

Every child needs and deserves a peaceful and secure childhood and the chance to go to school. Sadly, this is still being denied to around 152 million children around the world who are engaged in child labour.

In July 2019 the United Nations declared 2021 as the <u>International Year for the Elimination of Child Labour</u>. While progress has been made to reduce the incidence of child labour since the turn of the century, it has been slow. Now with the impact of the Covid-19 pandemic, the level of child labour in increasing for the first time in over 20 years. A rise in poverty as a result of Covid-19 in many countries; reduced incomes, and school closure has led to an increase in child labour. Households living in poverty frequently resort to sending their children out to work to help support the family to buy food and basic needs.

The sustainable Development Goals specifically target the ending of child labour in all its forms by 2025 (SDG target 8.7), however it is looking increasingly unlikely that this target will be achieved by then.

If you are interested in reading more about the impact of Covid-19 pandemic on child labour we would encourage you to read the <u>Covid-19 and child labour: A time of crisis, a time to act</u> report produced jointly by the International Labour Organization and UNICEF. It makes interesting reading and has aspects that resonate with the current New Zealand context.



# 74th World Health Assembly

The 74<sup>th</sup> World Health Assembly (WHA) was held at the end of May this year. The WHA is the decision-making body of the World Health Organisation (WHO); it is attended by delegations from all WHO member states and focuses on a specific health agenda. Unsurprisingly, the theme of this year's WHA centred around the current Covid-19 pandemic: *Ending this pandemic, preventing the next: building together a healthier, safer and fairer world.* Included in the discussions was the worldwide shortage of nurses which has been exacerbated by the Covid-19 pandemic; recognition of the nursing workforce and the Global Strategic Direction for Nursing and Midwifery, 2021-2025.

The 28<sup>th</sup> May was a historic day for nursing. It was the first time a nursing strategy was adopted in a WHA meeting. The WHA adopted resolution A74/A/CONF./3 entitled 'Strengthening nursing and midwifery: Investments in education, jobs, leadership and service delivery', the resolution included the adoption of the updated Global Strategic Directions for Nursing & Midwifery 2021-2025. Nursing shortage, safe staffing levels, and achieving fair pay are topics that are resonating with nurses across the globe, including New Zealand. We encourage you to read the ICN press release.











# And More...

# Children's Rights Alliance Aotearoa, New Zealand

"The Children's Rights Alliance Aotearoa is the collective voice for children's rights in Aotearoa. We are a membership-based organisation representing civil society – individuals and non-government organisations committed to making children's rights real in their daily lives here in Aotearoa. Together, we:

- Promote children's rights and participation
- Report on progress on children's rights.

It is our role to lead reporting, from a civil society point of view, on how well the UN Convention on the Rights of the Child is being implemented in Aotearoa. Respect for all people, te Tiriti O Waitangi and children's rights underpins all that we do.

In Aotearoa, we are currently in the middle of our 6th cycle of reporting on the Children's Convention. Many thanks to everyone who has already contributed to this reporting process. On 1 March 2020 the Children's Rights Alliance submitted a consolidated report to the UN Committee on the Rights of the Child, outlining the issues we see as central to the realisation of children's rights in Aotearoa. Read the report here. In June 2020 we also submitted a supplementary report on the impact of COVID-19 on children in Aotearoa. You can read the supplementary report here."

Interested? You can join here



Unlike many other countries, in New Zealand child protection training is not mandatory for professionals or volunteers who work with children and young people. This means teachers, sports coaches and even social workers may never have received training relating to child abuse and neglect, how to recognise the signs of abuse, and how to respond if risk is identified.

This is the reason Child Matters has existed since 1994 – to upskill those working and interacting with children, young people and their families and whānau so they are able to identify risks concerning vulnerability and abuse and have the knowledge and confidence to take appropriate action.

Child Matters works with all sectors including professionals, community organisations, families and whānau, to deliver training, provide advice regarding policy and procedures, and recommend resources regarding child protection issues. Education of all sectors of our community is essential in reducing abuse and neglect in New Zealand.

Child Matters is a registered Charitable Trust, and a Private Training Establishment - Read more about them here

















# **Perioperative Mortality Review Committee**

The Perioperative Mortality Review Committee (POMRC) is calling for District Health Boards (DHBs) to conduct an in-depth review into all cases of major trauma resulting in hospitalisation in Māori aged 15-18 years. The recommendation comes from the POMRC's ninth report, published in April 2021, which found that Māori youth aged between 15 and 18 years were three times more likely to die in the 30 days following major trauma than non-Māori in the same age group - Read the report here

# **Health Informatics**

Health Informatics is an area of practice that every nurse is becoming involved with, and is encouraged to embrace. Information and communication technologies are having an increasing influence on the care we give our patients and their families. From the considered use of data, to consultations via zoom to MedChart – technology is everywhere. Health Informatics NZ is a community of practice that supports the use of ICT in healthcare here in NZ. There is a <a href="Nursing and Midwifery Special Interest Group">Nursing and Midwifery Special Interest Group</a> as part of HiNZ. You can view their latest newsletter <a href="here">here</a> and sign up to their newsletter <a href="here">here</a>.

# **Scholarships & Funding**

Any nurse who is a member of the Paediatric Society of New Zealand (PSNZ) can apply to the PSNZ Education Fund. The purpose of the fund is: "to improve the health and wellbeing of tamariki and rangatahi in Aotearoa New Zealand, by supporting members to participate in educational activities". Log into the PSNZ website using your member details to find out more and to download an application form.

In addition, as a member of CCYN (but not necessarily a member of PSNZ) you are eligible to apply through CCYN for funding to attend the **Annual PSNZ Scientific Meeting**. Under the terms of our recently renewed Memorandum of Understanding with PSNZ there is an opportunity for one member of CCYN to apply to attend this meeting each year. If you are interested in applying, please email the CCYN secretary for further information <a href="mailto:secretary.ccyn@gmail.com">secretary.ccyn@gmail.com</a>

CCYN conference scholarship: A scholarship is available for registered nurses working in the area of child/youth health, who wish to attend an international/national conference relating to child/youth health.

Here are the details and application form. <u>College of Child & Youth Nurses, Scholarship Application</u>.

Applications close 23 July 2021 at 5 pm.





















# **Child & Youth Conferences**

School Youth Nurses Conference - Click here for more information

### WINTEC, KIRIKIRIROA, HAMILTON 4 - 5 OCTOBER 2021



#### **Nurse Practitioners New Zealand Bi-Annual Conference**

The theme of the conference is "The 20th anniversary of Nurse Practitioners in New Zealand; celebrating our anniversary and looking ahead to being a key part of health care's future"

This will be held Thursday 21st and Friday 22nd October 2021, with preconference workshops on Wednesday 20<sup>th</sup> in the Wairarapa - <u>Click here for more information</u>

### **2022** Hospital Play Specialists Association Conference

March, 2022

Location: To be confirmed

Further details to come, but any questions/queries can be directed to their conference Committee Team - <a href="mailto:conference.hospitalplaynz@gmail.com">conference.hospitalplaynz@gmail.com</a>

#### **NZ Sepsis Conference 2021**

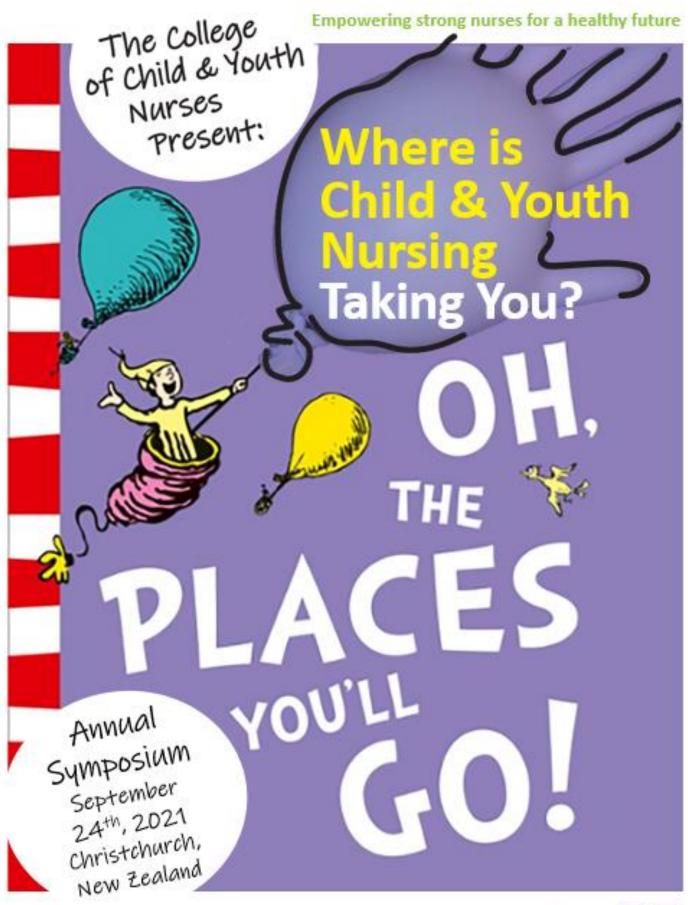
The conference is a combined meeting between the Sepsis Trust New Zealand and the NZ Conference for the Australasian Society for Infectious Disease (ASID)

18th-20th November, Lakeside Novotel Hotel, Rotorua

Onsite & virtual registrations available – <u>Click here for more information</u>

### **Podcast**

"It Takes A Village" is a podcast series run by Kathryn Ryan from Radio New Zealand, presenting interviews to help navigate modern family life in New Zealand – follow this link to listen or available through your podcast streaming service.



# Registrations opening soon!

Follow this <u>link</u> for more information

